

Waiver:

With full knowledge of cycling/running/walking an event of this sort is a potentially hazardous activity, I should not enter the Ride Walk Run for Celiac 2017 unless I am medically able and properly trained. I assume all risks associated with this event. Having read this waiver and knowing these facts and in consideration of your accepting my entry fee, I for myself and anyone acting on my behalf, waive and release the Canadian Celiac Association, any and all Chapters or Satellites of the Canadian Celiac Association, all cooperating organizations, volunteers, organizers, sponsors of this event, their representatives and successors, for all claims or liabilities of any kind arising out of my participation in this event. I hereby consent to and permit emergency treatment in the event of injury or illness. I also give full permission for the use of my name and photography in connection with this event.

Date _____

Participant Signature _____

Print Name _____

Participants under the age of 18 must have a Parent or Guardian consent to the above statement and sign for them:

Date _____

Participant Name: _____

Name of Parent or Guardian accompanying participant: _____

Signature of Parent of Guardian accompanying participant: _____

Race Kit Pickup

Running Room (109 Street location)

Friday, August 11, 5pm-7pm

Saturday, August 12, 10am-12pm

Parking, race maps and directions will be updated on our race page at the Running Room website.

Also visit www.celiacedmonton.ca for more details.



About the Canadian Celiac Association Edmonton Chapter

The Canadian Celiac Association (CCA) is the national voice for all people who are adversely affected by gluten and is

dedicated to improving diagnosis and quality of life. The Edmonton Chapter of the CCA supports these initiatives through awareness activities locally and through annual events that support a healthy gluten free lifestyle for our members and others in the community that require a strict gluten free diet for their overall health and well-being.

Tax Registration #11921 8717 RR0001



Ride Walk Run for Celiac 2017

PRESENTED BY
CANADIAN CELIAC ASSOCIATION
EDMONTON CHAPTER

SUNDAY, AUGUST 13, 2017



**GOLD BAR PARK, SITE #1
10955 - 50 STREET**

Emb(race) gluten free!

WWW.CELIACEDMONTON.CA
INFO@CELIACEDMONTON.CA

Ride Walk Run for Celiac 2017

PRESENTED BY
CANADIAN CELIAC ASSOCIATION
EDMONTON CHAPTER

SUNDAY, AUGUST 13, 2017

GOLD BAR PARK, SITE #1
10955 - 50 STREET

12:30pm Onsite Registration Opens

2:00pm Race start time

REGISTRATION FEE

Individual 2.5km, 5km or 10km

Early Bird (by May 31) \$20

Regular (by July 13) \$25

Late (after July 13 including
day-of-event registration) \$30

*Family

Early Bird (by May 31) \$40

Regular (by July 13) \$50

Late (after July 13 including
day of event registration) \$60

*Family entry consists of a maximum of 2 adults and 3 children for the base family fee. An additional \$10 for each child 7 and up to maximum of 8 team members will be applied. Free to children 6 years and under but the child must still register and have parents sign the waiver.

Team Registration 2.5km, 5km or 10km available online

CANCELLATION POLICY

Registration fees are non-refundable. No refunds will be processed.

RACE T-SHIRTS AVAILABLE

- Race t-shirts and other goodies guaranteed for all participants that register by July 13. After July 13, limited availability - on first come, first serve basis.



Register by July 13 to guarantee
your race kit. To avoid disappointment,
register today!

About the Race

The Ride Walk Run for Celiac is one of our chapter's largest fundraisers and we encourage all participants to collect pledges from family members, friends and co-workers. It is a fun race geared to people of all ages! Beginning at Gold Bar Park, Site #1, participants can choose to cycle, walk or run a 2.5km, 5km or 10km route along the scenic river valley. Post-race activities will include refreshments, gluten free sampling and games! Bring along the whole family for a healthy celebration of gluten free living!

PRIZES

Top prizes for participants who collect over \$500 pledges. Prizes include:

- Garmin Vivofit
- 3 Shelley Case's new book
- 10 x \$20 Pizza 73 gift cards
- Gift baskets
- Gift cards and more ...

All participants who collect \$100 or more in pledges will receive a copy of Gluten Free Anytime cookbook.

Online pledges can be made for a specific athlete or general donations can be made on the Running Room website. At our race page on the Running Room website, click on the "donate" tab and follow the instructions. Pledge forms also available on our website at www.celiacedmonton.ca.

HOW TO REGISTER

There are two ways to register:

1. Online at <https://www.events.runningroom.com/site/?racelid=14141>
2. In person at any Running Room location in Edmonton by filling out this form and signing the waiver and payment of registration fee.

PARTICIPANT INFORMATION

Name: _____

Address: _____

Postal Code: _____

Phone: _____

Email: _____

Birthday: _____

Gender: _____

Emergency Contact: *Name, Relation, Phone number*

Payment method: *circle one* cash debit

credit: _____ (Visa, MasterCard, AMEX)

Individual (early regular late) *circle one*

Family (early regular late) *circle one*

Fee amount: \$ _____

No refunds or transfer of registration

T-shirt size: (please circle one)

Adult: S M L XL XXL XXXL

Youth: XS 2-4 S 6-8 M 10-12 L 14-16 XL 18-20